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## Notes from the Principal



Dear Parents and Families,

It is important to reflect on our own work and to constantly try to improve ourselves. Life is busy, and it can be difficult to make changes and/or renew our professional and personal practices. I ask this of the CREST staff and students and I want to lead by this example. I recently participated in a training on improving instruction. In this training the focus was strengths based. That simply means focus on what you do well. One of the primary concepts is that "you don't have to be bad to get better". Some time we feel we are doing well and that it is good enough. This is called a fixed mindset. I encourage you to talk to your child or work with them on things they do well and can get better at. The truth is we can all do better. It's how you look at self-improvement that makes the difference. The following are some tips that might help. Remember, you don't have to be bad to get better.

Respectfully,

Lee Mulder

“  
When we strive  
to become better than  
we are, everything  
around us becomes  
better, too.  
”

Paulo Coelho  
#WISEWORDS

## Notes from the Assistant Principal



We have quickly arrived in 2019. The year is flying by. The students and staff are excited to be back from a restful break and have gotten right back in the swing of things. We have some fun events to look forward to soon. Our second curriculum day, book fair, spirit week and prom. Keep a look out for information on all of these events soon.

Callie Haynes

Assistant Principal

## TOSA Notes

### Curriculum



Hello CREST Families,

I'm very excited to invite all CREST families to our second curriculum day of the year on Friday February 8, 2019 from 1- 3 pm. Our Home Town Hero day was such a success last year we have decided to continue the tradition and expand our day to Career day. This year we will show case many different careers and trucks for our students to explore, inquire about, and even sit in the driver seat for the whole experience. We hope to see you at our Career day. A light lunch will be provided by our very own Ms. Renee and her home living cooks. If you have any questions or if you have or know of a truck that would like to participate please call CREST school at 352-527-0303.



Melanie Howard  
[HowardM@citrus.k12.fl.us](mailto:HowardM@citrus.k12.fl.us)  
Curriculum TOSA

## Behavior



Winter break has come and gone, and the CREST hallways are once again filled with the buzz of our staff and students. We hope that everyone had a great Christmas and enjoys a happy new year. While the calendar year has changed this school year has not, we continue to remain focused on student success and achievement through positive behavior reward systems. As soon as students arrived back at school some of them were already headed for fun. Middle school and High school classes from the FSA hallway attended a fun-filled day at the Marine Science Station the first day back. The following day the Elementary classes did the same. On Friday, January 18<sup>th</sup> we will have a trip to Applebee's in Crystal River. As we move into February, we will have our second curriculum day on Friday, February 8<sup>th</sup> which is always a good time for students, parents and staff. The week of February 11<sup>th</sup> through February 15<sup>th</sup> will be our spirit week (see below) that will lead us up to Prom which is on Friday, February 15<sup>th</sup> in the gym. Remember to talk with your student about their daily behavior chart and make sure they are on the correct path to earn these fun-filled activities. And remember, each month brings its own set of activities, so it is never too late to earn-in on the action!

**Elementary Marine Science Pictures—** <https://photos.app.goo.gl/DLijZgGt1jvp95j57>

### Kelly's Corner:



Spirit week at CREST is always a fun and exciting time for our students. Students participation in extra curricular activities is a great way for them to express their ideas in a way that others can understand. Participation in school activities help build better relationships and improves learning experiences. Not only is this a fun week for the students, it also builds comradery throughout CREST.

Your friendly neighborhood Behavior TOSA's

Mr. Sean Ear [ears@citrus.k12.fl.us](mailto:ears@citrus.k12.fl.us)

Mrs. Kelly Daugherty [DaughertyK@citrus.k12.fl.us](mailto:DaughertyK@citrus.k12.fl.us)

## Spirit Week Activities February 11-15

Monday Feb. 11	Tuesday Feb. 12	Wednesday Feb. 13	Thursday Feb. 14	Friday Feb.15
				
<b>Dress for your dream job!</b>	<b>Wear your favorite hat or crazy hat.</b>	<b>Dress up as your favorite superhero.</b>	<b>Wear <u>Red</u> because its Valentine's Day!</b>	<b>Dress to Impress wear your best!</b>

## Classroom Spotlight

### Ms. Carey's Class

Greetings from the Learning Pond,



Our class has been fortunate to be on the receiving end of an educational grant from the Citrus County Education Foundation, thanks to Mrs. Judy Stevens. Ms Judy wrote a grant so our students could experience getting their hands dirty learning where our food comes from and Very soon we be planting some winter vegetables in our garden along with learning how to use a composter to help our plants. In December we were able to take a few of our friends and visit The Dudley Farm Historic State Park in Newberry. Students visited the working farm and were greeted by guides dressed in historical clothing who stepped back in time and shared what it was like to plow a field, plant crops, bring in a harvest and mark the changes in seasons just like the original Dudley's who made this farm their home for three generations. Our students especially enjoyed seeing the animals and using a hand pump to get water and a few even experienced using a wringer washing machine. Thank you CCEF for allowing us to provide this experience for our students.

<https://photos.app.goo.gl/eazDR5miAXbP6kw58>

### Mr. Purtee's Class



We have been working hard in our class this month. We have been learning about winter traditions. In addition, we have been learning about different types of graphs. We are glad everyone is back from the holidays and we are looking forward to a fun rest of the year.

<https://photos.app.goo.gl/Pg316rWTURn3dfVA9>

### Ms. Colema and Ms. Fagan's Class



Mrs. Coleman and Mrs. Fagan's Middle School students were able to go on a fieldtrip to the Marine Science Station on their first day back from Christmas Break. The weather was great and the boat ride was fun as well as informative. Each boat had a variety of sea life that were caught in their nets to view and touch. Two of the favorites were the Sea Horse and the Puffer fish.

Mrs. Coleman is implementing the Achieve 3000 program for Reading. The students have shown more engagement with this compared to the Reading SuccessMaker program and the average growth for all middle school students is ¾'s of a year's growth in just 2 months. For Social Studies Mrs. Fagan is focusing on events that led to the Revolutionary War for U.S. History, The U.S. Constitution and Amendments for Civics, and Ancient Egypt, Kush, and Phoenicia for World History.

<https://photos.app.goo.gl/C9rBKVQAkeDWVfjbA>

## Events / Information

### CREST Christmas 2018

Santa Comes to CREST

The CREST gym was filled with excitement and enthusiasm while waiting for Santa's arrival. Holiday songs were being sung and students were unable to sit still in their seats. Santa arrived with a jingle and wagons filled with presents pulled by reindeer staff. One by one students came up to Santa to receive their presents. Check out the pictures to see the joy and delight of the students.

Thanks to all the staff and contributors who made this event a huge success.

<https://photos.app.goo.gl/pQXNmFaMRzTJHpex8>



### Prom

The Sky's the limit for our students at CREST when it comes to the prom. Calling all CREST high school students, the prom is February 15, 2019 from 1 to 3 pm in the CREST gym. Music will be playing, and student's will be dancing to the magical tunes of DJ Shonda. Formal attire is a must for this event. If your high school student is interested in attending the CREST prom they must pick up a prom ticket from the front office free of charge. Students will have an opportunity to purchase prom picture packages before the prom or at the door (a flyer with pricing will be sent home). If your child needs to visit our prom closet for a gown or suit, please fill out and send back the form that will accompany the picture package.



CREST Prom Committee





# Calendars

Citrus County Schools Calendar

[www.citrus.k12.fl.us/news/Approved 2018-19 School Calendar.pdf](http://www.citrus.k12.fl.us/news/Approved%202018-19%20School%20Calendar.pdf)



## FEBRUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>Book Fair</i>	5	6	7	8 <i>Curriculum Day</i>	9
10	11 <i>Spirit Week</i>	12	13 <i>1/2 Day Students</i>	14 	15 <i>Prom</i>	16
17	18 <i>No School</i> 	19	20	21 	22	23
24	25	26	27	28		

### March Dates



- March 1st** Jump Rope for Heart
- March 14—15** 1/2 Day Students
- March 19** Field Day at CREST Playground
- March 19** SAEC Meeting 3:30 at CREST Media
- March 22** Field Day at Crystal River High
- March 25—29** Spring Break No School

### McDonalds Family Night (Beverly Hills)



Mark your calendar for **Feb 21st**. 20% of all sales between 4:00 to 7:00 PM will go to CREST.



Like the CREST School Facebook page

<https://www.facebook.com/CRESTSschool/>



### Substitute Positions

Citrus County Schools is now hiring for all substitute positions (Teacher, Support (Aide), Custodian, Food Service and Bus Drivers). If you are interested or have any questions please call 352-726-1931 Ext 2295 or go to <https://skyfin.citrus.k12.fl.us:444/scripts/wsisa.dll/WService=wsFin/rappljoblst484.w> select the substitute position(s) you would like to apply for, click on apply for selected position(s) and fill out all the required information/application.

## C R E S T SCHOOL Book Fair

2600 S. PANTHER PRIDE DR., LECANTO, FL 34461

Feb. 4 - Feb. 8

Our Scholastic Book Fair is a reading event that brings kids the books they want to read. We'll receive a wonderful selection of engaging and affordable books for every reading level, and all purchases benefit our school!

Reading for pleasure inside and outside of school has real and long-lasting benefits. Please come to our book fair and help shape your child's reading habits.

See you at the book fair!



Check out the [K-5 Interactive Book Flyer](#) and the [6-8 Interactive Book Flyer](#)

We're looking for volunteers!

Sign Up

### Come to the Book Fair!



Monday  
Feb. 4

Tuesday  
Feb. 5

Wednesday  
Feb. 6

Thursday  
Feb. 7

Friday  
Feb. 8



Shop online!

Available Jan. 30 - Feb. 12 only!

### Shop Online | Jan. 30 - Feb. 12

Support our school by purchasing books online. Shop more dates, 24 hours a day!

- Order books for all ages and grades
- Enjoy a larger, expanded selection
- Shop school, classroom, and student wish lists!



Find the right books in a snap.

Get book details, recommendations, watch videos, create wish lists, shop, and more! [Learn More](#)

AVAILABLE ON THE  
App Store

GET IT ON  
Google play

# CREST FIELD DAYS

**sponsored by Kiwanis**

**Field Day  
at  
Crystal River High School  
March 22, (10:30 – 1)  
Track and Field**



**Field Day  
at  
CREST Playground and Field  
March 19, (10 – 12)**



Contact student's homeroom teacher for details.



# Thank-You Gifts



**\$5**

**ECHO AND HERO CLASP**



Latex-free. Not for children under 3 years.

**\$15**

**JUMP ROPE**

plus lower prize level



Should be used for its intended purpose only. Recommended ages 5+.

**\$20**

**OSCAR**

plus lower prize levels



Latex-free. Not for children under 3 years.

**\$35**

**SPRINKLES**

plus lower prize levels



Latex-free. Not for children under 3 years.

**\$50**

**HERO T-SHIRT**

plus lower prize levels



**\$75**

**BASKETBALL**

plus lower prize levels



Recommended ages 3+.

**\$100**

**SPLASH**

plus lower prize levels



Not for children under 3 years.

**\$150**

**DANCING BALL**

plus lower prize levels



Choking Hazard--Small Parts. Recommended ages 3+.

**\$200**

**FIERY**

plus lower prize levels



Not for children under 3 years.

**\$250**

**SPRINKLE'S SLIME BALL**

plus lower prize levels



Choking Hazard--Small Parts. Recommended ages 6+.

**\$500**

**SPLASH'S RACKET FUN**

plus lower prize levels



Choking Hazard--Small Parts. Recommended ages 6+.

**\$1,000**

**WIRELESS HEADPHONES**

plus lower prize levels



Choking Hazard--Small Parts. Recommended ages 6+.

If any item becomes unavailable, we reserve the right to offer an alternate item of equal value. These gifts meet the requirements, where applicable, of the Consumer Product Safety Improvement Act and other product safety regulations.

## ONLINE DONATIONS THANK YOU GIFTS

Register and get a FREE Glow wristband



**HEART HEROES WRISTBAND**

Latex-free. Not for children under 3 years.

**1st Online Donation FINN**



**\$40 Online Donation RUBY**



**\$1,000 Bonus for online students!**

Create your own Heart Hero in the virtual world!

It will be 3D printed and sent to your home!

Choking Hazard--Small Parts. Recommended ages 3+.



**DATE:** March 1<sup>st</sup>

**PLACE:** GYM

**TIME:** 10:00 am

**CONTACT:** Mr. Santa Fe

**Register at [heart.org/kidsheartchallenge](http://heart.org/kidsheartchallenge) or download the Kids Heart Challenge Mobile App.**



**COLLECT ALL 7 CHARACTERS!**

Your teacher has these 3 characters NOW!



**ECHO**

**\$5**



**FINN**

**1<sup>st</sup> Online Donation**



**RUBY**

**\$40 Online**



**OSCAR**

**\$20**



**SPRINKLES**

**\$35**



**SPLASH**

**\$100**



**FIERY**

**\$200**

Here are some of the most effective tips for self-improvement:

## 1: Start Your Day with a Fresh & Lively Morning

Every day begins with a morning and if your morning is lazy and lifeless, you can't expect to spend the rest of the day full of energy. Therefore, you must **try to wake up in the morning as early as possible and have a breakfast full of nutrition.**

This will help you stay fully energetic throughout the day and, if you could include some exercises in your regular morning life, this would be even greater. If you live alone, you need to depend upon yourself but if you are living with other family members, you can also advise them to be part of a healthy, happy and fresh morning.

## 2: Write Down Next Day's Tasks Before You Sleep

Every night before you sleep, you should **write down the next day's tasks that you need to perform.** You can't remember everything, which sometimes can lead you to a problematic, as well as embarrassing situation when you were required to do something, but you didn't.

However, if you adopt the habit of writing down your pending tasks, you will be able to easily manage them all on the everyday basis. In case you can't finish some of the tasks today, don't worry, just move them in your next day's task sheet.

## 3: Do Something Rather Than Work in Your Free Time

If your job requires you to spend lots of time sitting in front of your laptop or computer, you must not ignore taking breaks between working sessions. Working without taking a break doesn't increase your productivity – on the contrary, it can make you get irritated and even increase the workload on you.

When you have some free time, you can **take some rest or do something which is not relevant to work,** for example, you can watch a few funny videos or talk to your friends.

## 4: Accepting the Bitter Truth of Life That You Can't Change

You may have experienced some situations in your life which are difficult to forget and let go of. However, if you **accept them as they are, you will be able to overcome them and move forward in your life** rather than being a victim of nightmares. Accepting things will allow you to find the solution or else you will never be able to get rid of them.

## 5: Face the Fear of Failure When You Do Something New

There can be a number of things which you might be doing for the first time. If you stop yourself from doing these things only because of the fear of failure, you will never succeed. Therefore, you must **try to face the fear of failure.**

Wiser people say there is no success if there is no failure, which means that **failure is the part of your life and accepting it will help you build up your strong personality.**